

Hygiene Concept of the Psychotherapeutic and Psychosocial Counselling Service for Students during the Corona Pandemic

In order to protect the students looking for advice as well as our counsellors, we ask you to pay attention to the following points:

- ◆ Making an appointment is only possible if you are showing no signs of any symptoms when arranging it and before the actual appointment. If you are feeling ill, have a temperature or a cold, a face-to-face consultation cannot take place. In this case, please cancel or postpone previously arranged appointments or use our phone or video counselling service.
- ◆ Wearing a FFP2-mask is obligatory in all parts of the counselling centre.
- ◆ A minimum distance of 1.5 – 2 metres has to be kept from one another.
- ◆ Please arrive at the exact time for your appointments so that meeting other people in the waiting area can be avoided.
- ◆ Please pay attention to the distance markings in the advice centre.
- ◆ Please disinfect your hands before entering the consultation room. Disinfectant is provided by us.
- ◆ Please pay attention to the rules regarding coughing and sneezing.
- ◆ Any form of physical contact, especially shaking hands, is to be avoided.
- ◆ The duration of one appointment is limited to 50 minutes.
- ◆ We ensure there is enough fresh air in the room during the consultation.
- ◆ After the consultation has ended, we disinfect door handles, the backs of chairs, tables or other objects that might have been touched.
- ◆ In order to protect you and ourselves from COVID-19 spreading any further and in order to enable the local public health department to reconstruct chains of infection if necessary, we keep a list of all our visitors. For this purpose, we must make a note of your phone number **or** email address **or** postal address. This data is destroyed after four weeks. Thus, having an anonymous consultation is not possible at the moment.

Thank you very much and keep safe!

Psychotherapeutic and Psychosocial Counselling Service